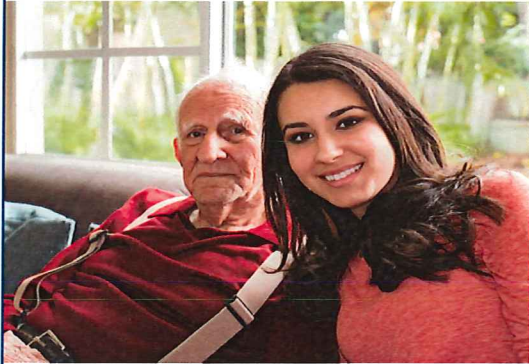


Sanford Center for Aging

The mission of the Sanford Center for Aging is to enhance the quality of life and well-being among elders through education, translational research, and community outreach.

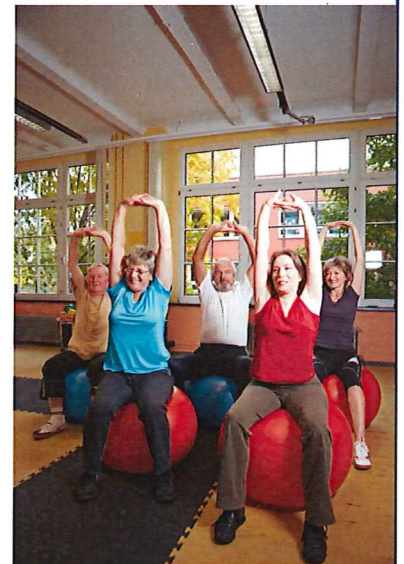
The programs and services offered through the Sanford Center for Aging are all designed to improve the quality of life for elders. These include:



- **Gerontology Academic Program:** This interdisciplinary academic program offers a certificate and minor in gerontology for students at the University of Nevada, Reno.
- **Community Wellness Programs:** These free, evidence-based classes and workshops promote health and prevent disease, and assist participants in gaining the confidence and skills needed to maintain an active and fulfilling lifestyle.

• **Medication Therapy Management:** A clinical certified geriatric pharmacist provides a comprehensive review of a participant's entire drug regimen for adverse drug reactions, safety and effectiveness; for Nevadans age 60 or older who are taking five or more prescription medications.

- **Senior Outreach Services:** This program provides companionship and support, through trained volunteers to Washoe County's most vulnerable elders to help them stay in their homes as long as possible.
- **Retired and Senior Volunteer Program:** This program matches willing volunteers who want to share their time, skills and experience with local agencies and programs to match their interests, and to benefit the community.



- **Geriatric Specialty Clinic:** This clinic and support center offers a whole-person geriatric assessment, provided by an interdisciplinary team, which includes a comprehensive care plan, referrals and chronic care management services. Consultations will soon be offered through telemedicine in rural Nevada as well.

• **Nevada Geriatric Education Center:** This center focuses on provider education, and offers the Geriatric Lecture Series, rural caregiver trainings, an annual caregiver conference, and Project ECHO presentations that focus on geriatric care.



Sanford Center
for Aging
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